

Date: March 1 st Site: MT Spokane/ Hourglass	State:	Event:
	1. RUN	2. RUN
Radios:	Coaches Room	
Jury Inspection:	7:00am/ 10:00am	7:00am/ 11:30am
	TD:	Jim Jopson
Jury:	Chief of Race:	Dan Henry
	Referee SL 1:	Dana Kusakabe TAS
	Referee SL 2:	Mike Grimm SPAC
Course Setters (Names / Teams):	SL 1 R1 Karen Lundgren MHA SL1 R2 Keenan Seidel MBSEF SL2 R1 Carson Rudd MRST SL2 R2 Jeff Funk TAS	
Lift Open:	7:00am course crew	7:45am Athletes
Warmup and Training Area:	Upper Hourglass	
Inspection(one):	SL1 R1 8:00am / SL1 R2 9:30am SL2 R1 11:10am/ SL2 R2 1:00pm	
Entry for Racers Closed:	SL1 R1 8:30am SL2 R1 12:00pm	SL1 R2 10:35am SL2 R2 1:50pm
Coaches in Place:	SL1 R1 8:50am SL2 R1 12:20pm	SL1 R2 10:30am SL2 R2 2:00pm
No. of Forerunners: (2)	Start Time:	5 min before start
Start Times:	SL1 R1 9:00am SL2 R1 12:30pm	SL1 R2 10:40am SL2 R2 2:10pm
Start Interval(s):	30sec	
Miscellaneous:	30300	
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